

Service Type	Organization	Location	Phone	Services Provided and Website	Payments Accepted
12-Step Programs	Alcoholics Anonymous (AA)	various	828-433-4440	http://www.ncd12aa.org/meetings.php AA meetings in Burke County and surrounding areas.	Free
	Narcotics Anonymous	various	866-848-2567	http://www.crna.org/area-service-committees/foothills-area-meeting-schedule/ NA meetings in Burke County and surrounding areas.	Free
	A1-Anon/Alateen (Support for families or friends of those in addiction).	various	800-344-2666	http://ncafgd3.blogspot.com/p/meeting-schedule-district-two.html A1-Anon/ Alateen meetings in Burke County and surrounding areas.	Free
Outpatient	A Caring Alternative	617 S. Green Street, Suite 300 Morganton, NC 28655 Marion location: 361 North Main Street, Marion NC 28752 (828) 652-5444	828-437-3000	http://www.caringalternative.com/ Provides psychological and psychiatric assessments; comprehensive clinical assessments; individual and group outpatient therapy for adults, children, and families; intensive in-home services; behavior management consultation; medication management; day treatment services; therapeutic and family foster care; Assertive Community Treatment (ACT) Team for adults with chronic mental health conditions; community support team for adults; and CAP I/DD specialized consultative services. Open access, no appointment needed.	Medicaid, Medicare, IPRS, Insurance, Private Insurance
	Archway Counseling	113 Malcolm Blvd., Rutherford College, NC 28671	828-874-5511	archwaycounseling@embarqmail.com Provides substance use disorder assessments and individual, group, and family counseling for adults and adolescents.	Medicaid and most insurance plans accepted
	Burke Integrated Health	350 E Parker Rd. #102, Morganton, NC 28655	828-624-0300	Provided services for children and adults; mental health; substance use disorder; outpatient; intensive outpatient; and peer support services.	Medicaid, Medicare, Sliding Scales, IRPS, Insurance
	Burke Recovery	203 White Street, Morganton, NC 28655	828-433-1221	http://burkerecovery.com/ Provides individual outpatient counseling for substance use disorder, group counseling, court-ordered assessments, health and recovery coaching, and a residential recovery program for men (Flynn Recovery Community). Also offers the Student Assistance Program in middle and high schools, adolescent outpatient for youth ages 12-17, School Intervention Program (SCIP), prevention services, community awareness and education.	Private pay, Medicaid, IRPS

Outpatient	Catawba Valley Behavioral Healthcare (Burke County)	Morganton Office: 350 E. Parker Road, Suite 100 Morganton, NC 28655 Hickory Office: 327 1 st Ave NW Hickory, NC 28601	Morganton: 828-624-1900 Hickory: 828-695-5900	www.cvbh.org Provides adult and child mental health services. Includes individual and family counseling and medication management for children and adults. Also offers peer support services for adults.	Medicaid, Medicare, Sliding scale, IRPS, and most insurance plans
	The Cognitive Connection	Morganton: 1001 E Union St #C, Morganton, NC 28655 Hickory: 1109 2 nd Avenue SW, Hickory, NC 28602	Morganton: 828-430-3505 Hickory: 828-327-6026 Toll-free: 1-877-508-2825	https://www.thecogcon.com/ Services include cognitive behavioral intervention for juveniles and adults, alcohol and drug assessments, regular outpatient alcohol and drug treatment programs, individual alcohol and drug counseling, DWI services, and Suboxone treatment. Services also include job development and employment counseling.	Medicaid, Medicare, IRPS, and most insurance plans
	New Season Clinic: Hickory Metro Treatment Center	1152 Lenoir Rhyne Blvd. SE, Hickory, NC 28601	828-485-1320	http://newseason.com/clinics/hickory-metro-treatment-center/ Offers medication assisted treatment, individual and group counseling	
	Universal Mental Health/ DD/SA Services	One North Square 301 East Meeting Street, Suite 3, Morganton, NC 28655	828-438-0006	http://www.umhs.net/ Offers early intervention services for newborn through 3 years of age and mental health, developmental disabilities and substance abuse services to children, families, and adults.	Medicaid and private pay referrals are accepted
Inpatient, Detox, and Residential	Carolinas Healthcare System Blue-Ridge	Grace Hospital 2201 South Sterling Street Morganton, NC 28655	(828)580-6390 or (828)580-6391.	http://www.blueridgehealth.org/medical-detox.html Short-term medical detox. Designed to help patients safely withdraw from alcohol, benzodiazepines, barbiturates and opiates. Criteria for admission are severe symptoms of substance withdrawal that requires 24-hour medical supervision. 14 private rooms equipped with telephone and smart TV with internet access.	Private insurance; Medicare; Medicaid; Discounted Up Front payment plan; Access One Care
	Flynn Recovery Community	721 West Union St., Morganton, NC 28655	828-437-9491	https://flynnrecoverycommunity.org/ Integrative, holistic, extended-care recovery program that focuses on the entire person, including physical, mental, emotional and spiritual components. Residents live together in a home-like environment and share duties such as cooking, cleaning, gardening and support of each individual's and the community's welfare.	IRPS, Private pay

Inpatient, Detox, and Residential				Must have 28 days sobriety prior to admission	
	Hope Valley Inc.	105 County Home Rd, Dobson, NC 27017	828-324-8767	http://hopevalleytreatment.org/residential_unit.html 28-day residential substance use disorder treatment program for men (ages 25 and up) and women. Follows a 12-step model.	Private Pay
	Julian F. Keith Alcohol and Drug Abuse Treatment Center (ADATC)	201 Tabernacle Rd., Black Mountain, NC 28711	828-257-6200	https://www.ncdhhs.gov/divisions/dsohf/julian-f-keith-alcohol-and-drug-abuse-treatment-center 80 bed residential and detox/crisis stabilization treatment facility. Offers psychological services, nursing services, counseling/ social work, education, recreational therapy, acute care unit (Detox).	IRPS, Insurance, self-pay, Medicare, Medicaid
	Life Center of Galax	112 Painter Street, Galax, VA 24333	276-522-0406	http://www.galaxrecovery.com/ Offers comprehensive addiction and dual diagnosis services to men and women. Treatment team includes: a medical director certified by the American Society of Addiction Medicine; a board certified psychiatrist; physician assistants and nurse practitioners; certified and licensed counselors; and 24 hour nursing with both RN's and LPN's.	Insurance, self-pay, Contracts
	Synergy	118 Peace St. North Wilkesboro, NC 28659	1-336-667-7191	https://www.synergyrecovery.org/ 14 bed non-hospital based detoxification and crisis stabilization unit. Synergy provides the following services: detoxification from alcohol, tranquilizers, stimulants, and opiates; including methadone and suboxone. Synergy also provides Crisis Stabilization for both substance abusers and mentally ill clients. Synergy combines integrated Dual Diagnosis Treatment (IDDT), 12- Step Facility Model and Mindfulness- Based Relapse Prevention (MBRR) to assist clients on the Path of Recovery.	IRPS, Insurance, Medicare, Medicaid, self-pay